

Summer Tennis 2009

Ryde Lawn Tennis & Croquet Club, Playstreet Lane, Ryde

www.rltcc.co.uk

3 session summer holiday coaching courses for juniors of all ages and ability.

Rackets provided

Junior Tennis Coaching

Oliver Janes LTA Licensed Coach – Level 3. David Fothergill LTA Licensed Coach – Level 4

Wed 22nd July – Friday 24th July

- 1. Age 5-7 1-2pm
- 2. Age 7-9 2-3pm
- 3. Age 10+ 3-4pm

Wed 5th Aug – Friday 7th Aug

- 4. Age 5-7 9-10am
- 5. Age 7-9 10-11am
- 6. Age 10+ 11-12am

Monday 17th Aug – Wed 19th Aug

- 7. Age 5-7 9-10am
- 8. Age 7-9 10-11am
- 9. Age 10+ 11-12noon

Wed 26th Aug – Fri 28th Aug

- 10. Age 5-7 1-2pm
- 11. Age 7-9 2-3pm
- 12. Age 10+ 3-4pm

All courses £15. £3 discount for members of RLTC

To reserve your place please return the slip below with payment to Chrissie Fothergill
Hedge End, Corbett Rd, Ryde, P033 3LF. Tel: 01983 612953

Name: _____ . Age: _____

Address: _____

_____ Course No: _____

Tel. No.(Daytime) _____ (Emergency) _____

School: _____ email: _____

Please advice of any medical conditions _____

Elite Soccer - Beach Soccer Camps
www.elite-soccer.co.uk

Beach Soccer 2 Day training & Development Camp August 13th & 14th or 20th & 21st

England's only **FIFA Beach Soccer Instructor** and **former England Head Coach**, Luke Kerr, will be holding a two day beach soccer skills camp **for 9 to 14 year olds**. Players will be taught how to develop and improve in the following areas:

Skill Zone

- Ball retention, control and receiving skills:
- Creativity and techniques
- Shooting, passing and aerial skills;
- Agility, balance, co-ordination and all round fitness.

Qualified FIFA Beach Soccer Instruction to include:

- Morning and afternoon coaching sessions
- Technique analysis with progression to skill, followed by small sided games
- Free Elite Soccer camp t-shirts, medals and certificates for all players
- Camp presentation on the final day to all players (Parent invited)

Timetable of workshops – Venue: Ryde IOW, Appley Beach Soccer Site

Day One

10.30	11.00	11.30	12.30	13.15	14.30 till 16.00
Introduction To the camp	The Outfield player and Goalkeeper	Control & receiving skills	Lunch- Please bring & lots of fluid	Dribbling & passing skills	Shooting & Ariel followed by mini sided games World Cup

Day Two

10.30	11.00	11.30	12.30	13.15	14.30 till 16.00
Welcome Back	Beach Soccer Know the Game	Goalkeeper Skills & Shooting skills Combined	Lunch- Please bring lunch and lots of fluid	The ABC Skills of shooting	Mini SSG World Trophy and certificate presentation parents invited

Please return form below by August 3rd 2009

In addition to holding qualifications with FIFA and the FA, all coaches are qualified First Aiders and CRB checked

Yes, I would like to attend the Elite Soccer “Beach Soccer Skills Camp”

First Name: _____ Last Name: _____

DOB: _____

Address: _____

Parents Signature _____

Contact Telephone: _____

Email: _____

Please return this form to: Elite Soccer, 149 Great Preston Road, Ryde, IOW, PO33 1AZ.
Tel: 07874019870 or email: info @elite-soccer.co.uk. **Please enclose a cheque for £30**
payable to Isle of Wight Beach Soccer

Minimum age 9 & Maximum age 14

HERE COMES THE SUMMER

FREE FUN

IN THE WEST WIGHT

Discover the Chines

**Unique ecosystems? Smugglers' hideouts? Plunging river valleys?
Want to learn more? Look out for the Eco-Challenger Van and join us to
unlock the secrets of the chines.**

Tuesday 28 July. 10.00 - 16.00.

Drop in on the Eco-Challenger at Needles Pleasure Park
Guided walk to Alum Bay Chine
£ Free.

Thursday 30 July. 10.00 - 14.00

Drop in on the Eco-Challenger at Colwell Bay Car Park
Guided walks to Linstone and Widdick Chines
£ Free.

Tuesday 4 August. 10.00 - 16.00

Drop in on the Eco-Challenger at Needles Pleasure Park
Guided walk to Alum Bay Chine
£ Free.

Thursday 13 August. 10.00 - 14.00

Drop in on the Eco-Challenger at Compton Bay Car Park
Guided walks to Shippards Chine
£ Free.

Wednesday 19 August. 14.00 – 18.00

Drop in on the Eco-Challenger at Brook Car Park
Guided walks to nearby chines
£ Free.

Thursday 27 August. 10.00 - 14.00

Drop in on the Eco-Challenger at Compton Bay Car Park
Guided walks to nearby chines
£ Free. Booking essential.

Bat Detectives

Join us for an evening stroll to discover how many bats we can hear and see.

Tuesday 28 July. Meeting time provided by booking on 01983 759779

Fort Victoria

Suitable for families with older children.

£ Free. Booking essential.

Tuesday 1 September. Meeting time provided by booking on 01983 759779

Afton Marsh

Suitable for families with older children.

£ Free. Booking essential.

Wild Food Walk and Talk

Join us for a walk on the wild side by discovering different ingredients and medicinal plants that can be found around the West Wight.

Saturday 1st August. 10.00 - 12.00

Venue confirmed by booking on 01983 759779.

Suitable for adults.

£ Free. Booking essential.

Family Fossil Hunt

What's in the rocks? Ammonites or the next T-Rex? Join us to see what we can unearth.

Tuesday 4 August. 18.00 – 20.00

Fort Victoria

Children to be accompanied by a responsible adult.

£ Free. Booking essential.

Environmental Art Day

Get creative on the beach.

Tuesday 18 August.

10.00 - 12.00 (4-8 year olds)

14.00 - 16.00 (8-12 year olds)

Venue confirmed by booking on 01983 759779.

Children to be accompanied by a responsible adult.

£ Free. Booking essential.

Peddle up the Yar

Join us on a leisurely sunset cycle along the western Yar.

Thursday 20 August. 18.00 - 20.00

Venue confirmed by booking on 01983 759779.

Children to be accompanied by a responsible adult.

£ Free. Booking essential.

Build a Rocket

Build a rocket and blast into space from the test site of the UK's original space programme.

Tuesday 25 August.

10.00 - 12.00 (8-12 year olds)

14.00 - 16.00 (12 and over)

Venue confirmed by booking on 01983 759779.

Children to be accompanied by a responsible adult.

£ Free. Booking essential.

Map?

West Wight Landscape Partnership is a three and a half year project based in the western end of the Isle of Wight and funded by the Heritage Lottery Fund

We are working on a range of projects with communities, landowners and local groups in the area to conserve the special qualities of the West Wight landscape and provide new opportunities for people to learn about, enjoy and celebrate the area's rich natural, built and cultural heritage.

If you have any questions or would like to learn more about a particular project and how you can get involved, please contact us.

Address. xxxx

Phone xxxxx

Email: Irene.fletcher@iow.gov.uk

Holiday Hockey Camp

17th - 19th August 2009

A fun and challenging 3 day hockey training camp for beginners & experienced players alike.

Open to Ages 7 - 12 and 13 - 19 split into 2 groups

Times: 10am - 4pm

Only £3 per day

Morning will involve skills training and the afternoon will involve mini games to put your new found skills in to use.

Supported by the IW Youth Opportunity Fund

To book a place or for more information email:

Donald.ben@gmail.com

Isle of Wight Hockey Club